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Main Line Family Practice New Patient Forms

955 Haverford Road Suite 300 | Bryn Mawr, PA 19010
Phone | 610-525-2990 Fax | 610-525-2099

RM:____ MA:____

Date:_____

Name:_____ DOB____/____/____

Gender Identity: ☐ Male | ☐ Female | ☐ Trans Male | ☐ Trans Female | ☐ Non-binary | ☐ Other:_____

Sex at birth: ☐ Male | ☐ Female

Pharmacy:_____ St:_____ Area:_____

Office use: **BP**____/____ **R/L arm** **T**____ **RR**____ **PR**____ **02%**____ **Wt**____ **Ht**____

Today's visit: Concerns/ problems:_____

Last Menstrual Period____/____/____

Hospital visits (last 30 days)

☐ No ☐ Yes:_____

Medications/ Supplements: Name, dosage and, # times/day

Falls (In the last year)

☐ No ☐ Yes:_____

1 _____
2 _____
3 _____
4 _____
5 _____
6 _____

7 _____
8 _____
9 _____
10 _____
11 _____

Allergies and reaction: ☐ No Known Drug Allergies

Yes, if so list below

Vision: Do you....

Poor eyesight ☐ No ☐ Yes

Wear Glasses ☐ No ☐ Yes

Wear Contacts ☐ No ☐ Yes

Current Medical Conditions (ex. High blood pressure)

Past Medical Conditions (ex. heart attack)

Cancer ☐ No ☐ Yes, please list:_____

Behavioral Health (anxiety, depression, ADHD, etc.) ☐ No ☐ Yes, please list:_____

Surgical/ Procedural History and Hospitalizations: (ex. Cataracts, tooth extraction, reduction of fractures)

Specialists: List first, last name, and specialty below (ex. Ob/Gyn, Cardiologist, ENT, Dermatologist)

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Gynecological History:

Have you ever had an **abnormal Pap smear?** ☐ No ☐ Yes, approx. date/s: _____

Menstrual cycle: Age at first menstruation: _____

How many days apart? (first to first): _____ How many days long?: _____

Do you have any heavy clotting/ heavy bleeding? (please explain): _____

Menopause?: ☐ No ☐ Yes, age at last menstruation: _____

Pregnancies?: ☐ Never ☐ Yes, number: _____ Total births: _____ Full term: _____ Preterm: _____

Vaginal birth/s?: _____ **Cesarean section/s?:** _____

Miscarriage/s? ☐ No ☐ Yes, number: _____ **Abortion/s?** ☐ No ☐ Yes, number: _____

Birth Control Pill? ☐ No ☐ Yes, years of usage: _____ **IUD?** ☐ No ☐ Yes, years of usage: _____

Depo-Provera/ Nexplanon/ Nuva-ring/ Ortho-Evra patch? ☐ No ☐ Yes (**circle** which applies) Years of usage: _____

Other hormone therapy? ☐ No ☐ Yes, explain: _____

History of HPV/ HSV (Herpes)/ Gonorrhea/ Chlamydia/ Syphilis? ☐ No ☐ Yes (**circle** which applies)

Colposcopy? ☐ No ☐ Yes **D&C/ D&E?** ☐ No ☐ Yes (**circle** which applies)

Uterine abnormalities? (ex. Fibroids, endometriosis, etc) ☐ No ☐ Yes, explain: _____

Uterine ablation? ☐ No ☐ Yes **Other female specific surgeries?** ☐ No ☐ Yes, list: _____

Social History:

Tobacco use: ☐ Never ☐ Former Quit year: _____ # of years used: _____ # of packs daily/weekly: _____

☐ Yes, form of use (ex. cigars, vape, chew): _____ # of years used: _____ # of packs daily/weekly: _____

Secondhand-smoke exposure at home? ☐ No ☐ Yes

Alcohol use: ☐ No ☐ Yes, type: _____ # of drinks daily/weekly: _____

Alcohol-dependency? ☐ No ☐ Yes, # of years: _____ ☐ Former, yes # of years: _____

Recreational drug use: ☐ No ☐ Yes, # of years: _____ Drug/s: _____ Frequency: _____

Diet (describe): _____

Exercise: ☐ No ☐ Yes, # of days weekly: _____ Type/s of exercise: _____

Caffeinated drinks: coffee/ tea/ soda/ energy ☐ No ☐ Yes (**circle** which applies) # of cups daily: _____

Education (highest level): _____ ☐ Currently enrolled student

Military service: ☐ No ☐ Yes, active duty ☐ Yes, retired

Occupation: _____ full-time/ part-time/ retired/ homemaker (**circle** which applies)

Stress level: ☐ Low ☐ Medium ☐ High Cause: _____

Marital status: ☐ Married ☐ Single ☐ Separated ☐ Divorced ☐ Widowed

Children: ☐ No ☐ Yes # of daughters: _____ # of sons: _____

Who lives with you?: _____ ☐ live alone **Pets:** ☐ No ☐ Yes, list: _____

Is faith (religion) important to you? ☐ No ☐ Yes, religion: _____

Sexually activity: ☐ No ☐ Yes (**circle** which applies) Men/ Women/ Both Condom use: ☐ No ☐ Yes

Health Maintenance: Please fill in date of last exam

Colonoscopy ____/____/____

☐ Colectomy P/ T

☐ Never ☐ Cologuard

Prostate ____/____/____

☐ Prostatectomy

☐ Never

Mammogram ____/____/____

☐ Mastectomy L/ R/ B

☐ Never

Hearing ____/____/____

☐ Hearing loss

Foot ____/____/____

GYN/ PAP ____/____/____

☐ Hysterectomy P/ T

☐ W/breast

Eye ____/____/____

☐ Diabetic exam

Lab work ____/____/____

DEXA ____/____/____

☐ Osteoporosis/penia

☐ Never

Dental ____/____/____

Skin ____/____/____

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Family History:

Number of sisters: _____

Number of brothers: _____

Check box if family member has the particular health condition and list their age when diagnosed

If you have more than one sibling listed age next to health condition checked off

	Father	Mother	Sister/s	Brother/s	Maternal Grand mother	Maternal Grand father	Paternal Grand mother	Paternal Grand father
Alive/ Deceased Age/s								
High blood pressure								
Arrhythmia								
Heart attack (MI)								
Heart disease								
Heart valve disorder								
Stroke (CVA)								
High cholesterol								
Diabetes (type)								
Thyroid disorder								
Osteoporosis/ penia								
Asthma								
Reflux								
Liver disease								
Kidney disease								
Migraines								
Seizures								
Parkinson's								
Alzheimer's								
Gout								
Glaucoma								
Anxiety								
Depression								
Cancer (type)								

Additional health problems (relative and problem): _____

Immunizations

Tetanus ____/____/____ Gardasil (HPV) ____/____/____ Pneumovax 23 ____/____/____ Shingrix (1) ____/____/____
 Flu ____/____/____ Prevnar 13 ____/____/____ Meningitis ____/____/____ Shingrix (2) ____/____/____
 Hepatitis A ____/____/____ Hepatitis B ____/____/____
 COVID-19 Brand: _____ Dose 1: ____/____/____ Dose 2: ____/____/____ Booster: ____/____/____

All the information listed is true to the extent of my knowledge

Patient signature

Date

Physician signature

Date

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Review of Systems: Check box if you have any of the following

General

Unexpected weight gain/ loss ☐ Y
Loss of appetite ☐ Y
Night sweats ☐ Y
Fatigue ☐ Y
Fever/ Chills ☐ Y
Insomnia ☐ Y

Head and Neck

Headaches ☐ Y
Double vision ☐ Y
Changes in vision ☐ Y
Ringing in ear ☐ Y
Hoarseness ☐ Y
Sinus problems ☐ Y
Nose bleeds ☐ Y
Sores (mouth/lip/tongue) ☐ Y

Respiratory

Cough (acute or chronic) ☐ Y
Difficulty breathing/ SOB ☐ Y
Pneumonia ☐ Y
Bronchitis ☐ Y
Wheezing ☐ Y
Snoring ☐ Y

Heart and Circulatory

Chest pain/ pressure ☐ Y
Palpitations ☐ Y
Fainting/ lightheadedness ☐ Y
Leg cramps ☐ Y
Ankle swelling ☐ Y

Psych

Anxiety ☐ Y
Depression ☐ Y
Mood changes ☐ Y

Urinary

Night-time urination ☐ Y
Urinary tract infection ☐ Y
Urinary frequency ☐ Y
Urinary urgency ☐ Y
Difficulty voiding ☐ Y
Blood in urine ☐ Y
STI/ STD ☐ Y
Urine leakage ☐ Y
Painful urination ☐ Y

Neuro

Seizures ☐ Y
Tremors ☐ Y
Difficulty speaking ☐ Y
Unsteadiness/falls ☐ Y
Memory loss ☐ Y
Numbness ☐ Y
Tingling ☐ Y
Vertigo/ dizziness ☐ Y

Gastro

Heartburn ☐ Y
Difficulty swallowing ☐ Y
Nausea/ vomiting ☐ Y
Constipation ☐ Y
Diarrhea ☐ Y
Blood in stool ☐ Y
Black/ tarry stool ☐ Y
Hepatitis ☐ Y
Abdominal pain ☐ Y

Skin

Changes in hair/skin ☐ Y
New/ change mole/s ☐ Y
Rash ☐ Y
Where? _____

Bone and Joint

Joint pain ☐ Y
Joint stiffness ☐ Y
Joint swelling ☐ Y
Location: _____

Blood

Bruising ☐ Y
Anemia ☐ Y
Swollen glands ☐ Y
Blood donations ☐ Y
Blood transfusion ☐ Y

Women Only

Irregular periods ☐ Y
Breast lump/s ☐ Y
Nipple discharge ☐ Y
Breast pain ☐ Y
Menopause ☐ Y
Abnormal pap ☐ Y
Vaginal bleeding ☐ Y
Vaginal discharge ☐ Y
Change in sex drive ☐ Y
Painful intercourse ☐ Y
Hot flashes ☐ Y

Men Only

Difficulty w/erection ☐ Y
Painful ejaculation ☐ Y
Bloody ejaculation ☐ Y
Retrograde ejaculation ☐ Y
Change in sex drive ☐ Y

Endocrine

Increased thirst ☐ Y
Increased urination ☐ Y
Increased hunger ☐ Y

Have you had less interest or pleasure in doing things you normally enjoy? ☐ No ☐ Yes

Have you been feeling down, depressed, or hopeless? ☐ No ☐ Yes

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Alcohol Use (Audit C)

Did you have a drink containing alcohol in the past year?

- ☐ No
☐ Yes

If "Yes": How often did you have a drink containing alcohol in the past year?

- ☐ Never (0 points)
☐ Monthly or less (1 point)
☐ 2 to 4 times a month (2 points)
☐ 2 to 3 times a week (3 points)
☐ 4 or more times a week (4 points)

If "Yes": How many drinks did you have on a typical day when you were drinking in the past year?

- ☐ 1 or 2 drinks (0 points)
☐ 3 or 4 drinks (1 point)
☐ 5 or 6 drinks (2 points)
☐ 7 to 9 drinks (3 points)
☐ 10 or more drinks (4 points)

If "Yes": How often did you have 6 or more drinks on one occasion in the past year?

- ☐ Never (0 points)
☐ Less than monthly (1 point)
☐ Monthly (2 points)
☐ Weekly (3 points)
☐ Daily or almost daily (4 points)

Interpretation

- ☐ Positive
☐ Negative

Points: _____

Interpretation Scale

The AUDIT-C is scored on a scale of 0-12 (Scores of 0 reflect no alcohol use)

- * In men, a score of 4 or more is considered positive
* In women, a score of 3 or more is considered positive

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Patient Health Questionnaire (PHQ-9) Depression Screening

Over the last 2 weeks, how often have you been bothered by any of the following problems?
(Use "x" to indicate your answer)

	Not at all 0	Several days 1	More than half the days 2	Nearly everyday 3
1) Little interest or pleasure in doing things you normally enjoy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2) Feeling down, depressed or hopeless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3) Trouble falling or staying asleep, or sleeping too much	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4) Feeling tired or having little energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5) Poor appetite or overeating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6) Feeling bad about yourself or that you are a failure, or have let your family down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7) Trouble concentrating on things, such as reading or watching television	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8) Moving or speaking so slowly that other people could have noticed; or being so fidgety or restless that you have being moving around a lot more than usual	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9) Thoughts that you would be better off dead or of hurting yourself in some way	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Interpretation

- ☐ Minimal Depression
- ☐ Mild Depression
- ☐ Moderate Depression
- ☐ Moderately Severe Depression
- ☐ Severe Depression

Total score: _____

Interpretation Scale for Depression Severity (total score)

- * **1-4 Minimal Depression**
- * **5-9 Mild Depression**
- * **10-14 Moderate Depression**
- * **15-19 Moderately Severe Depression**
- * **20-27 Severe Depression**