

Bryn Mawr Medical Specialists Endoscopy Center
SUFLAVE Colonoscopy Preparation-Morning Procedure

7 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Please review the Pre-Procedure Instructions for IMPORTANT information regarding diet, medication, and lifestyle alterations that may affect your Prep.</p> <p>Please take the time to sign in to and complete the online health history questionnaire. The link should have been sent to your email address from noreply@bmmsa.com If you are unable to sign in to the online health history questionnaire or have technical difficulties, an Endoscopy nurse will call you a day or two prior to your procedure to answer these questions over the phone.</p> <p>If you have frequent constipation, please call the office for special prep instructions. 610-525-9570.</p>	<p>Begin a “Low residue Diet” today (see handout).</p> <p>Purchase SUFLAVE with prescription.</p> <p>Disregard instructions on the box & follow these instructions.</p> <p>Stop eating nuts, seeds and berries.</p>	<p>Drink at least 8 glasses of water throughout the day.</p> <p>Continue a “Low residue Diet” today (see handout).</p> <p>If you have not filled out your online health history questionnaire, please complete this today or allow time to speak with the Endoscopy nurse when they call.</p>	<p>Start “Clear Liquid Diet” today (see handout). No Red or purple liquids</p> <p>SUFLAVE DOSING INSTRUCTIONS: Add 1 flavor enhancing packet to each of the two bottles provided. Fill each bottle with lukewarm water up to the fill line. After capping the bottle, gently shake each bottle until all powder is mixed well. For best taste, refrigerate for at least one hour. Use within 24 hours.</p> <p>At 5pm, take 1 bottle from the fridge and drink 8 ounces of solution every 15 minutes until the bottle is empty. Drink an additional 16 ounces of water before next dose.</p> <p>At 9pm, take the second bottle from the fridge and drink as instructed in previous step. Drink an additional 16 ounces of water.</p> <p>If you vomit the preparation or have other medical concerns, please call the Physician on call at (610) 526-0881.</p>	<p>Clear Liquid Diet today up until 4 hours prior to your appointment.</p> <p>NOTHING BY MOUTH FOR 4 HOURS PRIOR TO YOUR APPOINTMENT!!</p> <p>Please arrive 45 minutes prior to your appointment.</p> <p>Bryn Mawr Medical Specialists Endoscopy Center is located in Suite 330 of the Bryn Mawr Medical Arts Pavilion at 825 Old Lancaster Road, Bryn Mawr- NOT at Bryn Mawr Hospital.</p> <p>You must have a responsible adult drive you home and they must be present in our Endoscopy Center upon discharge.</p>

Visit our website at www.BMMSA.com/endoscopy