

Bryn Mawr Medical Specialists Endoscopy Center SUTAB PM Colonoscopy Preparation

7 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Please review the Pre-Procedure Instructions for IMPORTANT information regarding diet, medication, and lifestyle alterations that may affect your Prep.</p> <p>Please take the time to sign in to and complete the online health history questionnaire. The link should have been sent to your email address from noreply@bmmsa.com</p> <p>If you are unable to sign in to the online health history questionnaire or have technical difficulties, an Endoscopy nurse will call you a day or two prior to your procedure to answer these questions over the phone.</p> <p>If you have frequent constipation, please call the office for special prep instructions. 610-525-9570.</p>	<p>Begin a “Low residue Diet” today (see handout).</p> <p>Purchase Clenpiq with prescription.</p> <p>Disregard instructions on the box & follow these instructions.</p> <p>Stop eating nuts, seeds and berries.</p>	<p>Drink at least 8 glasses of water throughout the day.</p> <p>Continue a “Low residue Diet” today (see handout).</p> <p>If you have not filled out your online health history questionnaire, please complete this today or allow time to speak with the Endoscopy nurse when they call</p>	<p>Start “Clear Liquid Diet” (see handout). *No red or purple clear liquids.</p> <p>7pm Start - Dose 1</p> <p>Step 1-Open 1 bottle of 12 SUTAB tablets. Step 2-Fill provided container with 16oz water (up to fill line). Swallow each tablet with a sip of water, one at a time spaced 1 minute apart, and make sure to DRINK THE ENTIRE AMOUNT OF WATER over 15 to 20 minutes. Step 3-Approx 1 hr after the last tablet is ingested, fill provided container again with 16oz water and DRINK THE ENTIRE AMOUNT over 30 min, Step 4-Approximately 30 min after finishing the second container of water, fill again with 16oz water and DRINK THE ENTIRE AMOUNT over 30 min.</p> <p>If you vomit the preparation or have other medical concerns, please call the Physician on call at (610) 526-0881.</p>	<p>At 6am Start Dose 2 Repeat Step 1 to Step 4 from Dose 1.</p> <p>The bowel prep must be completed 4 hours prior to your arrival time. Then nothing by mouth.</p> <p>Please arrive 45 minutes prior to your appointment.</p> <p>Bryn Mawr Medical Specialists Endoscopy Center is located in Suite 330 of the <u>Bryn Mawr Medical Arts Pavilion</u> at 825 Old Lancaster Road, Bryn Mawr- <u>NOT</u> at Bryn Mawr Hospital.</p> <p>You must have a responsible adult drive you home and they must be present in our Endoscopy Center upon discharge.</p>

Visit our website at www.BMMSA.com/endoscopy