

Bryn Mawr Medical Specialists Endoscopy Center
Nulytely/Golytely Colonoscopy Preparation-Morning Procedure

| 7 Days Prior | 3 Days Prior | 2 Days Prior | 1 Day Prior | Procedure Day |
|--|---|--|---|--|
| <p>Please review the Pre-Procedure Instructions for IMPORTANT information regarding diet, medication, and lifestyle alterations that may affect your Prep.</p> <p>Please take the time to sign in to and complete the online health history questionnaire. The link should have been sent to your email address from noreply@bmmsa.com. If you are unable to sign in to the online health history questionnaire or have technical difficulties, an Endoscopy nurse will call you a day or two prior to your procedure to answer these questions over the phone.</p> <p>If you have frequent constipation, please call the office for special prep instructions. 610-525-9570.</p> | <p>Begin a “Low residue Diet” today (see handout).</p> <p><u>Purchase the following:</u></p> <p>Nulytely/Golytely Prescription</p> <p><u>Dulcolax laxative 5 mg. tablets (Bisacodyl- generic)</u> You'll need 4 tablets. Sold over the counter.</p> <p>Stop eating nuts, seeds and berries.</p> | <p>Drink at least 8 glasses of water throughout the day.</p> <p>Continue a “Low residue Diet” today (see handout).</p> <p>If you have not filled out your online health history questionnaire, please complete this today or allow time to speak with the Endoscopy nurse when they call.</p> | <p>Start “Clear Liquid Diet” (see handout).</p> <p>No red or purple clear liquids.</p> <p>At 3pm, take 2 Bisacodyl pills which you purchased.</p> <p>At 5pm, begin drinking the prep. Drink an 8oz glass every 15-30 minutes until ½ the mixture is finished.</p> <p>At 7pm, take 2 more Bisacodyl pills which you purchased.</p> <p>At 9pm begin drinking the remainder of prep. Drink an 8 oz glass every 15-30 minutes until finished.</p> <p>If you vomit the preparation or have other medical concerns, please call the Physician on call at (610) 526-0881.</p> | <p><u>Clear Liquid Diet</u> today up until 4 hours prior to your appointment.</p> <p><u>NOTHING BY MOUTH FOR 4 HOURS PRIOR TO YOUR APPOINTMENT!!</u></p> <p>Please arrive 45 minutes prior to your appointment.</p> <p>Bryn Mawr Medical Specialists Endoscopy Center is located in Suite 330 of the <u>Bryn Mawr Medical Arts Pavilion</u> at 825 Old Lancaster Road, Bryn Mawr- <u>NOT</u> at Bryn Mawr Hospital.</p> <p>You must have a responsible adult drive you home and they must be present in our Endoscopy Center upon discharge.</p> |

Visit our website at www.BMMSA.com/endoscopy