



GASTROENTEROLOGY
610-525-9570 (FAX 610-527-8805)

EGD Preparation Instructions

Your Procedure will be at:

Bryn Mawr Medical Specialists Endoscopy Center
Located in the Bryn Mawr Medical Arts Pavilion
825 Old Lancaster Road Suite 330
Bryn Mawr, PA 19010

Please bring a photo ID, insurance card, referral (if needed), and completed paperwork (health history form, current medication list including dosages, and allergies). If your insurance plan requires a copay or you have not met your deductible, you will be expected to make payment on the date of your procedure. You will be notified one week prior if you need to bring payment. Please help us to serve you better by keeping your scheduled appointment or by contacting us within 24 hours of your scheduled appointment to re-schedule. **Failure to show for your procedure or cancelling your procedure less than 48 hours from your appointment time may result in a \$100 fee.**

IMPORTANT NOTICE

You will be under sedation for your procedure. It is a Federal requirement that you get a ride from a family member or responsible adult. You are not permitted to drive until the day following your procedure.

- You may NOT take an Uber, Taxi, or Bus home after your procedure, unless you are accompanied by a responsible adult.
- You may NOT walk home after your procedure unless you are accompanied by a responsible adult.
- Please make necessary arrangements in advance or speak with our office regarding ride concerns.
- Your driver must be present at the time of discharge.

SPECIAL INSTRUCTIONS REGARDING MEDICATIONS

- **REFRAIN FROM CANNABIS USE AFTER MIDNIGHT PRIOR TO YOUR PROCEDURE**
- If you take the **blood thinning medications** such as Coumadin (Warfarin), Plavix, Xarelto, Eliquis, Pradaxa, Plavix, Effient, etc., you must speak with your Cardiologist and receive special instructions to hold this medication. If you take Aspirin because you have risk factors for coronary artery disease or stroke, **DO NOT** stop taking **ASPIRIN**.
- Stop taking the following medications 5 Days prior to your procedure: Vitamins, Herbal supplements, Ibuprofen (Advil, Motrin) or Aleve.
- If you use inhalers, please continue to use your inhalers as directed and bring them with you.
- If you are **diabetic**, please inform your Primary Care Physician or Endocrinologist about your scheduled procedure and discuss your diabetic medications. Adjustments to your medications may be required.
- If you are taking **Glucagon-like (GLP-1) receptor agonists** such as Ozempic, Wegovy, Victoza, etc, you must hold doses prior to your procedure date. If you are taking a daily dose, hold this medication for 2 days prior to procedure day. If you are taking a weekly dose, hold for at least 1 full week prior to your procedure date. Ask for additional documentation for specific medications in this category.



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THE DAY OF YOUR PROCEDURE THE FOLLOWING MEDICATIONS MAY BE TAKEN WITH A SMALL SIP OF WATER ONLY.

Seizure medications	Anxiety Medications	Asthma Medications – Bring your inhaler with you
Chronic Pain Medications	Parkinson’s Medications	Restless Leg Syndrome Medication
Cardiac and Blood Pressure Medications except diuretics (water pills)		

IF YOU ARE UNSURE ABOUT MEDICATIONS, PLEASE CALL OUR ENDOSCOPY CENTER HELP LINE FOR ASSISTANCE.

HELPFUL INFORMATION

- **DO NOT EAT ANY SOLID FOODS AFTER MIDNIGHT PRIOR TO YOUR PROCEDURE. You may have clear liquids only up to 4 hours prior to your procedure**
- **DO NOT DRINK ANYTHING 4 HOURS PRIOR TO YOUR PROCEDURE (because you are receiving anesthesia)**
- Chewing gum, eating mints and drinking water is **not permitted** when you are instructed not to eat or drink anything. You are permitted to brush your teeth.
- Bring or wear socks. Our facility is kept cool!
- If you wear reading glasses, please bring them with you.
- **If you have COUGH OR COLD SYMPTOMS, you will need to reschedule your procedure. Please call the gastroenterology office to reschedule your procedure.**
- Parking Options:
 - Valet services – Both facilities offer valet parking
 - Parking garage – Self Parking – Attached to the hospital at 830 Old Lancaster Road.

ENDOSCOPY CENTER HELP LINE AT 610-527-3800 ext. 2060

**IF YOU NEED TO CANCEL OR RESCHEDULE YOUR PROCEDURE, PLEASE CALL
THE GASTROENTEROLOGY OFFICE AT 610-525-9570.**