



GASTROENTEROLOGY  
610-525-9570 (FAX 610-527-8805)

Your \_\_\_\_\_ has been scheduled for \_\_\_\_\_.

Arrival time for your procedure is \_\_\_\_\_.

Your Procedure will be at:

**Bryn Mawr Medical Specialists Endoscopy Center**  
**Located in the Bryn Mawr Medical Arts Pavilion**  
**825 Old Lancaster Road Suite 330**  
**Bryn Mawr, PA 19010**

Please bring a photo ID, insurance card, referral (if needed), and completed paperwork (health history form, current medication list including dosages, and allergies). If your insurance plan requires a copay or you have not met your deductible, you will be expected to make payment on the date of your procedure. You will be notified one week prior if you need to bring payment. Please help us to serve you better by keeping your scheduled appointment or by contacting us within 24 hours of your scheduled appointment to re-schedule. **Failure to show for your procedure or cancelling your procedure less than 48 hours from your appointment time may result in a \$100 fee.**

**IMPORTANT NOTICE**

You will be under sedation for your procedure. It is a Federal requirement that you get a ride from a family member or responsible adult. You are not permitted to drive until the day following your procedure.

- You may NOT take an Uber, Taxi, or Bus home after your procedure, unless you are accompanied by a responsible adult.
- You may NOT walk home after your procedure unless you are accompanied by a responsible adult.
- Please make necessary arrangements in advance or speak with our office regarding ride concerns.
- Your driver must be present at the time of discharge.

**SPECIAL INSTRUCTIONS REGARDING MEDICATIONS**

- **REFRAIN FROM CANNABIS USE AFTER MIDNIGHT PRIOR TO YOUR PROCEDURE**
- If you take the **blood thinning medications** such as Coumadin (Warfarin), Plavix, Xarelto, Eliquis, Pradaxa, Plavix, Effient, etc., you must speak with your Cardiologist and receive special instructions to hold this medication. If you take Aspirin because you have risk factors for coronary artery disease or stroke, DO NOT stop taking ASPIRIN.
- Stop taking the following medications 5 Days prior to your procedure: Vitamins, Herbal supplements, Ibuprofen (Advil, Motrin) or Aleve.
- If you use inhalers, please continue to use your inhalers as directed and bring them with you.
- If you are **diabetic**, please inform your Primary Care Physician or Endocrinologist about your scheduled procedure and discuss your diabetic medications. Adjustments to your medications may be required.

**THE DAY OF YOUR PROCEDURE THE FOLLOWING MEDICATIONS MAY BE TAKEN WITH A SMALL SIP OF WATER ONLY.**

Seizure medications	Anxiety Medications	Asthma Medications
Chronic Pain Medications	Parkinson’s Medications	Restless Leg Syndrome Medication
Cardiac and Blood Pressure Medications except diuretics (water pills)		

**IF YOU ARE UNSURE ABOUT MEDICATIONS, PLEASE CALL OUR ENDOSCOPY CENTER HELP LINE FOR ASSISTANCE.**



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### HELPFUL INFORMATION

- **DO NOT DRINK ANYTHING 4 HOURS PRIOR TO YOUR PROCEDURE (because you are receiving anesthesia)**
- Chewing gum, eating mints and drinking water is **not permitted** when you are instructed not to eat or drink anything. You are permitted to brush your teeth.
- Bring or wear socks. Our facility is kept cool!
- If you wear reading glasses, please bring them with you.
- If you are doing a **bowel prep**, please review the following:
  - If you experience frequent constipation, please call our office. We would like to provide you with special instructions to make your prep more effective.
  - To protect your skin from prep irritation, you may apply **A&D ointment** to your anus before and after bowel movements. You may also want to use baby wipes instead of regular toilet paper.
  - If you begin to feel bloated or nauseated while drinking the bowel prep solutions, you may stop drinking for a brief amount of time to let things settle, then resume. This feeling is often temporary and should disappear once bowel movements begin. Bowel movements should begin 1-4 hours after the first glass of preparation.
  - After finishing your prep your stool should be watery, without formed particles of stool. It is normal for your stool to be green or yellow to clear in color. If your prep is not free formed stool a **Fleet Enema** can be used by following the instructions on the box.
  - If you are absolutely unable to finish the prep or cannot keep the prep down, you must call our **physician on call at (610) 526-0881 (after normal business hours) or the Endoscopy Center help line**
- Parking Options:
  - Valet services – Both facilities offer valet parking
  - Parking garage – Self Parking – Attached to the hospital at 830 Old Lancaster Road.

**ENDOSCOPY CENTER HELP LINE AT 610-527-3800 ext. 2060**

**IF YOU NEED TO CANCEL OR RESCHEDULE YOUR PROCEDURE, PLEASE CALL  
THE GASTROENTEROLOGY OFFICE AT 610-525-9570.**