

Important Information Regarding Your Procedure:

- You are **NOT permitted to drive** until the day following the procedure because of the sedation received. You must have a responsible adult provide transportation home. You may take a cab or Uber home **ONLY** if you have a responsible adult (family or friend) accompanying you.
- If you take **heart or blood pressure medications**, please take your medication by 6am with a small sip of water.
- If you are **diabetic** and check your blood sugar at home, please check your blood sugar the morning of the procedure.
- If you are taking Coumadin, Pradaxa, Xarelto, Eliquis, Plavix, Pletal, Ticlid, Aggrenox, Brilinta, Effient, or any other **blood thinning medication**, please consult your prescribing physician regarding our request to hold the medication.
- If you experience **frequent constipation**, please call our office. We would like to provide you with special instructions to make your prep more effective.
- To protect your skin from **prep irritation**, you may apply A&D ointment to your anus prior to drinking prep and after bowel movements.
- Chewing gum, eating mints and drinking water is **not permitted** when you are instructed not to eat or drink anything.
- If you begin to **feel bloated or nauseated** while drinking the bowel prep solution, you may stop drinking for a brief amount of time to let things settle, then resume. This feeling is often temporary and should disappear once bowel movements begin. Bowel movements should begin 1-4 hours after the first glass of preparation.
- If you are **not tolerating your prep** (ie. vomiting) or your stools are not clear or yellowish in color (no brown fecal matter) at the completion of the prep, please call the physician on call at (610) 526-0881. You may be instructed to take additional bowel preparation to ensure adequate preparation.
- Bring or wear a pair of socks in the event your feet get cold.
- If you wear reading glasses, please bring them with you.
- All body piercings must be removed prior to the procedure.
- Please **do not use any lotions or perfume** the day of the procedure.

Parking options are:

Valet - Valet services are offered at the front lobby of our building, the Medical Arts Pavilion. 825 Old Lancaster Road, Bryn Mawr, PA 19010

Rates - 1-2 hours \$6.00*

Handicap discount - \$2.00 flat rate (show tag upon arrival)

Parking Garage - Self Parking - Located across the street from our building. 830 Old Lancaster Road. There is a cross-walk that connects the 2nd floor of the parking garage to the 2nd floor of our building, The Medical Arts Pavilion. We are on the 3rd floor.

Rates - 0-30 min Free

1-2 hours \$5.00*

Senior / Handicap discount: \$2.00 flat rate: Pay at the booth not the kiosk, if discount applies, when exiting.

*rates subject to change.