


**Bryn Mawr Medical Specialists Endoscopy Center
Clenpiq Colonoscopy Preparation-Morning Procedure**

Appointment Date: _____ **Arrival Time** _____

7 Days Prior	5 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Arrange a ride. You will be sedated for this procedure & <u>must</u> have an escort, over the age of 18, to drive you home. You are <u>not</u> permitted to take a cab or Uber ride home, unless you are accompanied by a responsible adult (family or friend).</p> <p>Please make necessary arrangements or speak with our office regarding ride concerns.</p> <p>You are not permitted to drive, work, exercise, operate equipment or drink alcohol, for the remainder of the day, after your procedure.</p> <p>If you are diabetic, please inform your Primary Care Physician or Endocrinologist about your scheduled procedure and discuss your diabetic medications. Adjustments to your medications must be made.</p>	<p>Check with your insurance company for the following: -Benefits -Deductible -Co-Pay for outpatient surgery NOTE: your final co-pay responsibility will be determined after your claim is submitted.</p> <p>Stop taking the following medications: Vitamins, Herbal Supplements, Ibuprofen (Advil, Motrin) or Aleve.</p> <p>If you take Aspirin or blood thinners, such as Coumadin or Plavix, carefully follow the instructions, provided at the time of scheduling, regarding need to hold them.</p> <p>You may be asked to contact your cardiologist for <u>special instructions</u> to hold blood thinners or aspirin.</p>	<p><i>*Last Chance to cancel your procedure without a \$100 cancellation fee: physician office (610) 525-9570.</i></p> <p>Review upcoming dietary needs for the next 2 days.</p> <p>Purchase <u>Clenpiq</u> with prescription.</p> <p>Disregard instructions on the box & follow these instructions.</p> <p>Stop eating nuts, seeds and berries.</p>	<p>Drink at least 8 glasses of water throughout the day.</p> <p>Begin a “Low residue Diet” today (see handout).</p> <p>Please confirm your ride.</p> 	<p>Start “Clear Liquid Diet” today (see handout). No Red or purple liquids .</p> <p>At 5pm, drink one bottle of <u>Clenpiq</u>. Follow with (5) 8 oz drinks of clear liquids within the next 4 hours.</p> <p>At 9pm drink the 2nd bottle of <u>Clenpiq</u>. Follow with at least (5) 8 oz drinks of clear liquids before bed.</p> <p>If you vomit the preparation, please call the Physician on call at (610) 526-0881.</p>	<p>No food or drink today until after your procedure.</p> <p>Take your heart and blood pressure medications by 6am with a small sip of water.</p> <p>Be sure to bring your completed paperwork, current insurance card and photo ID with you.</p> <p>Your driver must be present in the endoscopy suite, at the time of discharge.</p> <p>Bryn Mawr Medical Specialists Endoscopy Center is located in Suite 330 of the <u>Bryn Mawr Medical Arts Pavilion</u> at 825 Old Lancaster Road, Bryn Mawr- NOT at Bryn Mawr Hospital.</p>

****Please See the Attached Important Information Regarding Your Procedure****

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