

Bryn Mawr Medical Specialists Endoscopy Associates
Colonoscopy Preparation (Trilyte, Nulyte & Colyte) Afternoon Procedure
(610) 525-9570

Appointment Date: _____ Check-In Time _____ Procedure Time _____

7 Days Prior	5 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Arrange a ride. You will be sedated for this procedure & must have an escort over the age of 18 to drive you home or the procedure will be cancelled.</p> <p>You will not be able to work, drive, operate equipment, sign important papers, drink alcohol or take sedatives for the remainder of the day.</p> <p>If you are a diabetic, please inform your Primary Care Physician or Endocrinologist regarding your scheduled procedure and discuss necessary oral med/insulin adjustments.</p>	<p>Check with your insurance company for the following: -Benefits -Deductible -Co-Pay for outpatient surgery NOTE: your final co-pay responsibility will be determined after your claim is submitted.</p> <p>Stop taking the following medications: Vitamins, Herbal Supplements, Ibuprofen, Advil, Motrin</p> <p>If you take Aspirin, blood thinners, such as Coumadin or Plavix, please stop if you were instructed to do so at the time of scheduling. You may have been asked to contact your cardiologist to confirm this.</p>	<p>Last chance to cancel or confirm your appointment.</p> <p>Review upcoming dietary needs for the next 2 days.</p> <p>Purchase the prep at your pharmacy.</p> <p>No red or purple flavors.</p> <p>Stop eating nuts, seeds and berries.</p> <p>Please confirm your ride.</p> <div align="center" data-bbox="741 917 1016 1091"> </div>	<p>Drink at least 8 glasses of water throughout the day.</p> <p>Start "Low residue Diet" today (see handout).</p>	<p>Start "Clear Liquid Diet" today (see handout). NO SOLID FOOD</p> <p>Mix the prep solution and chill in the refrigerator after your clear liquid breakfast.</p> <p>At 4pm take 4 Bisacodyl pills, which have been provided by the office.</p> <p>At 6pm, begin drinking the Prep. Drink an 8oz glass every 15-30 minutes until ½ the prep is finished.</p> <p>Continue to drink clear liquids until Midnight.</p> <p>If you vomit the preparation, please call the Physician on call at (610) 526-0881.</p>	<p>*If you take heart and blood pressure medications, please reverse side for instructions.</p> <p>At 6am resume drinking the prep. Drink an 8 oz glass every 15-30 minutes until finished. Prep <u>must</u> be completed 4 hours prior to arrival time. Then nothing by mouth.</p> <p>Be sure to bring your insurance card.</p> <p>Your driver will need to be present in the endoscopy suite upon discharge.</p> <p>Please note that your procedure is at Bryn Mawr Medical Specialists Association, located at 825 Old Lancaster Road, Suite 330, in Bryn Mawr, across the street from Bryn Mawr Hospital.</p>

See Reverse Side for Helpful Hints Regarding Your Procedure