

**BRYN MAWR MEDICAL SPECIALISTS ASSOCIATES**  
**825 Old Lancaster Rd, Suite 340 Bryn Mawr, PA 19010**  
**610-525-9570 (FAX 610-527-8805)**

**UPPER ENDOSCOPY PROCEDURE - CPT CODE 43239**

Dr. Robert Atkins  
Dr. Thomas McKenna  
Dr. Michelle Springer

Dr. Jack Collazzo  
Dr. Toan (Tom) Nguyen  
Dr. Rita Ritsema

Dr. Jeffrey Retig  
Dr. Robert Levitt

Procedure date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

**PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY:**

**REPORT TO BRYN MAWR HOSPITAL-1ST FLOOR-WARDEN LOBBY**

Enter the Bryn Mawr Hospital Main Entrance (Warden Lobby) on Old Lancaster Rd. The hospital offers valet and garage parking.

You need to check in at Patient Registration in the Warden Lobby. After registering, you will be directed to the 3rd floor Endoscopy Suite.

**Five (5) days prior to procedure**

- **Stop** Ibuprofen (Motrin, Advil) & Aleve. You may take Tylenol, as needed for pain.
- If you take **aspirin or blood thinners**, such as Coumadin or Plavix, carefully follow the instructions, provided at the time of scheduling, regarding need to hold them. You may be asked to contact your cardiologist for special instructions to hold blood thinners or aspirin.
- Make arrangements for a ride home. You are not permitted to take a cab or Uber ride home, unless you are accompanied by a responsible adult (family or friend). **YOU ARE NOT PERMITTED TO DRIVE UNTIL THE DAY AFTER YOUR PROCEDURE** because of the sedation you received.

**Evening before exam**

- You are not to eat or drink after midnight the evening before exam. This includes chewing gum, mints and water\*

**Morning of the exam**

- If you take heart or blood pressure medications, please take them early morning with a \*small sip of water.
- If you use inhalers, please continue to use your inhalers as directed and bring them with you.
- If you are diabetic and check your blood sugar, please check your blood sugar at home.
- You are permitted to brush your teeth.

**Please bring the following with you: photo ID, insurance card and completed paperwork (history form and current list of medications and allergies).**

**If you wear reading glasses, please bring them with you.**

**Please leave jewelry and valuables at home.**

**Please do not apply lotions or perfume the day of procedure.**

**If your procedure is scheduled in the afternoon, you may have clear liquids prior to: \_\_\_\_\_.**