

DEMOGRAPHICS & APPOINTMENT INFORMATION

Patient Name:

Date of Birth:

Appointment Date:

Appointment Time:

NUCLEAR TREADMILL STRESS TEST

The test will take approximately 3 hours.

- Wear comfortable clothes and sneakers to walk on the treadmill. No metal zippers, underwires, buttons and/or chains above the waist.
- Nothing to eat 6 hours prior to test. If you are diabetic, drink a glass of juice in the morning if needed.
- YOU ARE ENCOURAGED TO DRINK WATER THE MORNING OF YOUR TEST.
- No caffeinated or decaffeinated food or beverages for 24 hours prior to the test (this includes chocolate, green tea, caffeinated energy drinks).
- If you are on a beta blocker medication, do not take for 24 hours prior to the test unless otherwise noted by your physician.
 - These medications include: Toprol, Lopressor, metoprolol, Tenormin, atenolol, Coreg, carvedilol, Bystolic. If you are on Sotalol, continue medication as prescribed.
- If you are diabetic, do not take your oral diabetic medications the morning of your test. If you take insulin, take half of your long acting insulin (Lantus or Humulin N) and no short acting insulin (Humulin R) the morning of the test.
- Please contact your physician before having this test if you are pregnant, nursing or suspect you may be pregnant.
- As with x-rays, women of child bearing years should have the test done during the first 10 days following the onset of a menstrual cycle.

PHARMACOLOGIC NUCLEAR STRESS TEST

- Follow all instructions for nuclear treadmill above.
- Are you on persantine, dipyridamole, Aggrenox, Trental, or theophylline?
 - If yes to persantine, dipyridamole, or Aggrenox, DO NOT take it 48 hours prior to the test
 - If yes to Trental, DO NOT take it 24 hours prior to the test
 - If yes to theophylline, DO NOT take it 12 hours prior to the test
- If you are asthmatic or use inhalers, bring your inhalers with you and notify the nurse performing the test.

MUGAS SCAN

- No prep required.
- Please contact your physician before having this test if you are pregnant, nursing or suspect you may be pregnant.
- As with x-rays, women of child bearing years should have the test done during the first 10 days following the onset of a menstrual cycle.
****Radioactive Isotope materials have been ordered in preparation for your study. In the event you need to reschedule, please contact our office 24-hours prior to your appointment. We appreciate your cooperation.****

| |
|---|
| STRESS ECHOCARDIOGRAM |
| <ul style="list-style-type: none"> • Light meal up to 4hours prior to the test. • Wear comfortable clothing and sneakers to walk on the treadmill. • If you are on a beta blocker medication, do not take for 24 hours prior to the test unless otherwise noted by your physician. <ul style="list-style-type: none"> ○ These medications include: Toprol, Lopressor, metoprolol, Tenormin, atenolol, Coreg, carvedilol, Bystolic. If you are on Sotalol, continue medication as prescribed. |
| TREADMILL STRESS TEST |
| <ul style="list-style-type: none"> • Light meal up to 4hours prior to the test. • Wear comfortable clothing and sneakers to walk on the treadmill. • If you are on a beta blocker medication, do not take for 24 hours prior to the test unless otherwise noted by your physician. <ul style="list-style-type: none"> ○ These medications include: Toprol, Lopressor, metoprolol, Tenormin, atenolol, Coreg, carvedilol, Bystolic. If you are on Sotalol, continue medication as prescribed. |
| ECHOCARDIOGRAM |
| <ul style="list-style-type: none"> • No prep required. |
| CAROTID DUPLEX |
| <ul style="list-style-type: none"> • No prep required. |
| ARTERIAL DUPLEX |
| <ul style="list-style-type: none"> • No prep required. |
| ABDOMINAL DUPLEX |
| <ul style="list-style-type: none"> • Fast for 6 hours prior to your exam |
| VENOUS DUPLEX |
| <ul style="list-style-type: none"> • No prep required. |
| THALLIUM VIABILITY STUDY |
| <ul style="list-style-type: none"> • Study is done in 2 parts and takes approximately 3 hour • Dietary Note:Take Nothing by mouth from midnight before the study <ul style="list-style-type: none"> ○ If you are diabetic, and if needed, you may drink a glass of juice in the morning. • In the interim between Part 1 and 2, you may have clear liquids (Jell-O) but no caffeinated products. • If your physician determines that you need additional pictures, you will be required to return for one hour the following day. Follow the Dietary Note located above. . • Study cannot be scheduled on a Friday or the day preceding a holiday. |

Please note:

- **If you are more than 15 minutes late for your test you may need to have your appointment rescheduled. Pleasecontact us if you have any questions or concerns.Thank you!**
 - Office: (610) 527-1165
 - Fax: (610) 527-6611