

Bryn Mawr Medical Specialists Endoscopy Associates
Colonoscopy Preparation (Trilyte, Nulyte & Colyte) Morning Procedure
Outpatient - Hospital
(610) 525-9570

Appointment Date: _____ Check-In Time _____ Procedure Time _____

*****Call the Hospital Endoscopy Suite the day before your procedure to confirm appointment (484) 337-4139*****

7 Days Prior	5 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Arrange a ride. You will be sedated for this procedure & must have an escort over the age of 18 to drive you home or the procedure will be cancelled.</p> <p>You will not be able to work, drive, operate equipment, sign important papers, drink alcohol or take sedatives for the remainder of the day.</p> <p>If you are a diabetic, please inform your Primary Care Physician or Endocrinologist regarding your scheduled procedure and discuss necessary oral med/insulin adjustments.</p>	<p>Check with your insurance company for the following: -Benefits -Deductible -Co-Pay for outpatient surgery NOTE: your final co-pay responsibility will be determined after your claim is submitted.</p> <p>Stop taking the following medications: Vitamins, Herbal Supplements, Ibuprofen, Advil, Motrin</p> <p>If you take Aspirin, blood thinners, such as Coumadin or Plavix, please stop if you were instructed to do so at the time of scheduling. You may be asked to contact your cardiologist to confirm this.</p>	<p>Last chance to cancel or confirm your appointment.</p> <p>Review upcoming dietary needs for the next 2 days.</p> <p>Purchase the prep at your pharmacy.</p> <p>No red or purple flavors.</p> <p>Stop eating nuts, seeds and berries.</p> <p>Please confirm your ride.</p> <div align="center" data-bbox="739 976 1016 1149"> </div>	<p>Drink at least 8 glasses of water throughout the day.</p> <p>Start "Low residue Diet" today (see handout).</p>	<p>Start "Clear Liquid Diet" today (see handout). NO SOLID FOOD</p> <p>After your clear liquid breakfast, mix the prep solution and chill in the refrigerator.</p> <p>At 3pm take 4 Bisacodyl pills which have been provided by the office.</p> <p>At 5pm, begin drinking the Prep. Drink an 8oz glass every 15-30 minutes until ½ the prep is finished.</p> <p>At 9pm begin drinking the remainder of the prep. Drink an 8 oz glass every 15-30 minutes until finished Continue to drink clear liquids until Midnight.</p> <p>If you vomit the preparation, please call the Physician on call at (610) 526-0881.</p>	<p>No food or drink today.</p> <p>Take your heart and blood pressure medications by 6 am with a small sip of water.</p> <p>Be sure to bring your insurance card.</p> <p>Your driver will need to be present in the endoscopy suite upon discharge.</p> <p>The Bryn Mawr Hospital is located at 130 S. Bryn Mawr Avenue. Please report to The Warden Lobby to register, then proceed to the Endoscopy Suite located on the 3rd floor.</p>

****See Reverse Side for Helpful Hints Regarding Your Procedure****