

UPPER ENDOSCOPY CPT CODE 43239

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REPORT TO BRYN MAWR HOSPITAL-1ST FLOOR-WARDEN LOBBY

Arrive on _____ at _____ am/pm

PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY

Enter the Bryn Mawr Hospital Main Entrance (Warden Lobby) on Old Lancaster Rd. Note the Hospital offers valet and garage parking.

You need to check in at Patient Registration in the Warden Lobby. After registering, you will go to the 3rd floor Endoscopy Suite.

UPPER ENDOSCOPY-

Five (5) days prior to the procedure

-Stop Aspirin and blood thinners (i.e. Ibuprofen, Motrin, Advil, Coumadin, Plavix, Pletal, Pradaxa and any other blood thinners).

Tylenol is a safe alternative

-Please stop vitamins and supplements

EVENING BEFORE EXAM

NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE EVENING BEFORE THE EXAM- this includes chewing gum, mints and water. Unless otherwise directed.

-Please take any heart and or blood pressure medicine early on the day of your procedure with a small sip of water.

**If you use inhalers, please use your inhalers as directed and bring them with you.

**If you are a patient using blood thinning medications, please clear our request to stop the medication with the prescribing physician.

**If you are a diabetic and check your blood sugars at home, please check your blood sugar the morning of your exam.

YOU ARE NOT PERMITTED TO DRIVE UNTIL THE DAY AFTER YOUR PROCEDURE because of the sedation you received. **ALL** patients **MUST** have someone else provide his/her transportation home.

Please leave all jewelry and valuables at home. If you refuse or are unable to remove your jewelry, you may be asked to sign a waiver prior to the procedure. If you wear reading glasses please bring them with you.

Please bring a current list of medications, surgical history, and drug allergies. Please bring the completed history form, insurance cards, photo ID's and referrals (if needed) with you.

Please call the Endoscopy Suite (Mon-Fri) the business day prior to the procedure between the hours of 12:30-2:30 pm to confirm the time of your procedure. Endoscopy Suite phone # 484-337-3424

If your procedure is scheduled in the afternoon, you may have 6oz. or less of water prior to: _____