

BRYN MAWR MEDICAL SPECIALISTS ASSOCIATION

825 Old Lancaster Rd  
Suite 330  
Bryn Mawr, Pa 19010  
Phone 610-525-9570 fax 610-527-8805

Dr. Robert Atkins Dr. Jack Collazzo Dr Jeffrey Retig Dr. Thomas McKenna  
Dr. Toan Nguyen Dr. Robert Levitt Dr. Michelle Feriod

**You are requested to report to the BMMSA Endoscopy Center at the address above  
NOT Bryn Mawr Hospital**

**Our Endoscopy Center is AAAHC Accredited, State and Medicare licensed.**

Arrive on \_\_\_\_\_ at \_\_\_\_\_ am/pm

**PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY**

**UPPER ENDOSCOPY-**

**Five (5) days prior to the procedure**

-Stop Aspirin and blood thinners (i.e. Ibuprofen, Motrin, Advil, Coumadin, Plavix, Pletal, Pradaxa and any other blood thinners).

Tylenol is a safe alternative

-Please stop vitamins and supplements

**EVENING BEFORE EXAM**

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE EVENING BEFORE THE EXAM-** this includes chewing gum, mints and water. Unless otherwise directed.

**-Please take any heart and or blood pressure medicine early on the day of your procedure with a small sip of water.**

\*\*If you use inhalers, please use your inhalers as directed and bring them with you.

\*\*If you are a patient using blood thinning medications, please clear our request to stop the medication with the prescribing physician.

\*\*If you are a diabetic and check your blood sugars at home, please check your blood sugar the morning of your exam.

**YOU ARE NOT PERMITTED TO DRIVE UNTIL THE DAY AFTER YOUR PROCEDURE** because of the sedation you received. **ALL** patients **MUST** have someone else provide his/her transportation home.

Please leave all jewelry and valuables at home. If you refuse or are unable to remove your jewelry, you may be asked to sign a waiver prior to the procedure. If you wear reading glasses please bring them with you.

**Please bring a current list of medications, surgical history, and drug allergies. Please bring the completed history form, insurance cards, photo ID's and referrals (if needed) with you.**

If your procedure is scheduled in the afternoon, you may have 6oz. or less of water prior to: \_\_\_\_\_

